

# Gluten-Free Menu Items

## Soups

Black Bean Soup  
Red Beans, Rice & Sausage  
Texas-Style Chili  
Vegetable Beef Soup  
Vegetarian Butter Bean Soup  
White Bean Chicken Chili

## Featured Salads

Apple Walnut Salad  
Blueberry Salad  
Mango Berry Salad  
Chicago Chopped Salad  
Cobb Salad  
Southwest Chicken Chipotle  
Spinach & Strawberry Salad

## Signature Salads

Broccoli Coleslaw  
California Chicken Salad  
Chickpea Salad  
Gazpacho Salad  
Sweet Garden Slaw  
Marinated Mushrooms  
Santa Fe Corn Salad  
Mustard Potato Salad  
Red Potato Salad  
Roasted Vegetables

## Dry Toppings

Bacon Bits, Imitation (Soy)  
Peanuts, Granulated  
Peanuts, Hot N Spicy  
Raisins  
Sunflower Seeds

## Hot Bar

Bacon Bits, Real  
Cholula Hot Sauce  
Shredded Cheese  
Baked Potato  
Crushed Red Pepper  
Honey Butter PC  
Parmesan  
Salsa  
Sour Cream  
Spanish Rice  
Whipped Margarine

## Salad Bar Toppings

Cauliflower  
Celery  
Cheddar, Imitation  
Cucumbers  
Kidney Beans  
Eggs  
Garbanzo Beans  
Green Bell Peppers  
Green Olives  
Iceberg Lettuce  
Jalapenos  
Mushrooms  
Peas  
Pepperoncini, Whole  
Pepperoni  
Radishes  
Red Onions  
Roma Tomatoes  
Romaine Lettuce  
Spinach  
Turkey Ham  
Zucchini

## Dressings

Balsamic Vinegar Dressing  
Bleu Cheese Dressing  
Caesar Dressing  
Chipotle Ranch Dressing  
Cranberry Vinaigrette, Fat Free  
French Dressing, Fat Free  
Honey Mustard  
House Vinaigrette  
Italian Dressing with Cheese  
Ranch Dressing  
Ranch Dressing, Low Cal

## Desserts

Caramel Dessert Topping  
Chocolate Pudding  
Chocolate Syrup  
Cottage Cheese, Lowfat  
Peaches  
Pineapple Tidbits  
Rainbow Sprinkles  
Strawberries, Sliced  
Strawberry Parfait  
Whipped Topping

## Beverages

Lemonade, Raspberry  
Lemonade  
Smoothie, Mango  
Smoothie, Strawberry

Due to regional differences and possible ingredient substitutions by our suppliers, Souper Salad, Inc. restaurants and its employees do not assume responsibility for a particular sensitivity or allergy to any foods provided in our restaurants.

Menu items are subject to change due to seasonality and availability of ingredients. Please be sure to contact the restaurant to make sure your favorites are available the day of your visit.

For more nutritional information, please visit [souper salad.com](http://souper salad.com).