

Souper Salad To Offer Nutrition Information Online

SAN ANTONIO, Texas – (January 29, 2007) – Souper Salad, the largest soup and salad restaurant chain in the Southwest, is teaming up with the Healthy Dining organization in a joint venture to offer guests a selection of healthier menu options and more nutrition information.

The chain will make its menu item recipes available on Healthy Dining's online resource, www.HealthyDiningFinder.com, a free resource identifying healthful choices on restaurant menus.

Using the website, consumers can obtain information on the amounts of fat, saturated fat, cholesterol, sodium, carbohydrates, fiber, sugars, and protein for each Souper Salad menu item listed there.

Launched in collaboration with the National Restaurant Association, and with partial funding from the Centers for Disease Control and Prevention (CDC), HealthyDiningFinder.com is the new go-to-guide for health-conscious consumers who love to eat out.

About Souper Salad: Souper Salad is a privately held company, headquartered in San Antonio, Texas. The restaurant chain operates 87 locations in 12 states offering a buffet-style dining experience. It plans to implement new franchising and re-franchising opportunities in 2007, with the goal of expanding to the east coast in six different states, and increasing the number of stores it has in the southwest, especially in Oklahoma and Nevada. For more information, visit www.souper salad.com.



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